



Rush Union Soccer

Practice Policies

Parent Responsibilities:

- Have your child arrive at practice on time, with appropriate equipment (ball, shin guards, water, cleats)
- Use the designated drop off area specific to your location.
- Keep your Coach and team manager's phone numbers in the contact list on your phones.
- If you cannot reach your coach, please contact the TD or DOC on site
- If you stay for practice, please watch from off the field in the designated areas.
- Pick up in the designated area. Players will only be dismissed to parents in the designated area. Be on time!
- Contact your coach immediately, by phone call or text, if you are going to be late for pickup. Leave your child's name and estimated time of arrival in the message.
- Parents that are late for pick up should collect their child at their practice field. Your coach or another designated coach, in the case where your coach has another coaching session, will be with your child until you arrive.

Player Responsibilities:

- Walk directly to your practice field after being dropped off.
- Come prepared to practice with correct practice shirt color, ball, shin guards, water and cleats.
- Do NOT leave the practice area until your parent or carpool parent arrives at the field to pick you up.
- Stay with your parent or carpool parent when walking through the parking lot. Soccer balls should be inside your ball bag
- Know your parent's cell phone numbers or carry them in your ball bag.
- Do not talk to strangers! If you need help, go immediately to any of the coaches on staff.

Coach Responsibilities:

- Keep a parent contact list with you at practices and games.
- Check phone at the end of practice sessions to see if there are any pickup issues with your players.
- At the end of practice, only release players to parents or carpool parents at the practice field. NO players are to be released to just walk away.
- Keep uncollected players on the field or in the designated pick up area at the concession building if practice fields have been closed up until parent or carpool arrives. If you do not have a session, stay with the player yourself. If you have another practice session, the player should stay with the designated coach until the parent arrives.
- NO player should go alone to the restroom.