

## Player/Parent/Coach Code of Conduct

## **Players**:

1. Players will demonstrate positive sportsmanship on and off of the field. This includes exercising positive self-control, graciously accepting the outcome games and treating all players and fans with courtesy and respect.

2. Players will demonstrate respect for all players and coaches in behavior and language. Profanity will not be tolerated.

3. Players will demonstrate respect for officials, in part by accepting their decisions. Insulting comments, arguing, gestures and profanity directed at officials will not be tolerated.

4. Players will practice and work on skill development as is appropriate for the age and competitive level of play for the team.

5. Players will positively represent Rush Union Soccer on and off the field at home and away on both academy and select teams.

6. Players will understand the rules of the game as appropriate for age and competitive level of the team. Treat the team program as a serious learning experience.

7. Players, in coordination with parents, are responsible for timely notification of absences from games, practices and training to the coach or manager of the team as determined by the team.

8. Violence and abuse of any nature will not be tolerated.

9. Players are prohibited from the use of alcohol, illegal drugs and tobacco products while a member of Rush Union Soccer.

10. Maintain a level of performance at school and home which is sufficient to allow a commitment to participate in all team activities.

11. Make every reasonable effort to attend practice sessions, games and tournaments and be on time to those events with all the necessary gear.

## Parents:

1. Encourage positive sportsmanship by example. Remind fellow parents if they get inappropriately carried away with their emotions during the game. Accept these reminders graciously when offered by other parents.

2. Be supportive--unconditionally--accept wins and losses. The last the child wants to hear from you after a disappointing performance or loss is what they did wrong.

3. Do not coach. Leave the coaching to the coaches.

4. Emphasize skill development over winning. Take time to help your kids practice their skills and drills at home.

5. Interact positively with parents of opposing team. Set a good example for players indicating you can compete assertively and still be respectful.

6. Be welcoming to all team families on and off the field. Minimize gossip and criticism of teammates, other players and coaches.

7. Support officials--do not criticize vocally during games. Leave any issues with the game officials to your coach.

8. Support the team and club. Volunteer during tournaments, participate in fundraisers, etc.

9. Please review the practice and game schedules in advance. Notify your coach well in advance of any conflicts, so they are aware that your player will not be participating on a given day.

10. Encourage your child to have fun and enjoy his/her teammates and the competition.

## Coaches:

1. Always remember that kids participate for pleasure, enjoyment and winning is only part of the fun.

2. Never use negative ridicule or yell at children for making a mistake or not winning.

3. Be considerate and reasonable in your demands on kid's time, energy and enthusiasm. Sport is only one part of their busy lives.

4. Always operate within the code of conduct, rules and fair spirit of the game and instruct the kids to do the same.

5. Always ensure that the time kids spend with you as coach is a positive experience. All kids are deserving of equal attention and opportunities.

6. Try to avoid overplaying the talented more skillful kids.

7. Ensure that sporting equipment meet safety standards and are appropriate to the age and ability of all players.

8. Display control, respect and professionalism to all involved within the sport. This includes opponents, coaches, officials, administrators, parents and other spectators. Encourage players to do the same, be a great role model.

9. Always show concern toward sick and injured players. Follow the advice of a trained medical trainer when determining whether an injured child is ready to recommence training and competition.

10. Where appropriate, obtain qualifications and keep up to date with the latest coaching practices and the latest principles of growth and development of children.

11. Respect the rights of all participants regardless of their gender, ability, cultural background or religion.

12. Be on time for practices, games, tournaments and meetings with the proper attire and gear.

By signing below, I have read and understand the Code of Conduct and understand that the expectations apply to behavior on and off of the field, at games and at practices. I agree to abide by the Code guidelines at all team and league activities.

**Coach:** I understand that if I do not follow this Code of Conduct, I may be subject to club disciplinary actions.

Coach Signature \_\_\_\_\_